

JAWAHARNAVODAYAV1DYALAYA, BELPADA, DIST. BOLANGIR (ORISSA)

WEEKLY MESS MENU FOR THE MONTH OF SEPTEMBER - 2018

Days	Breakfast	M. day. Break	LUNCH	Evening Snacks	DINNER
Monday	Tomato rice and chutney/ Tamarind rice	BISCUIT/ /tasty peanut	Rice, dal, Alu parbal curry, Papad, chapati	Milk & Bournvita Biscuit	Rice, Dal, Alu Bharta, pickle Chapati
Tuesday	Poha and tomato khatta	BISCUIT/ /tasty peanut	Rice, Dal, Pickle, alu mixed veg curry chapati	Milk & Bournvita Biscuit	Rice, Dal, Alu Barbati fri, chapati, Sweet
Wednesday	Fried rice and pickle	BISCUIT/ /tasty peanut	Rice, Dal, Non-Veg. curry, Alu Paneer gr. peas curry, lemon, chapati	FRUIT	Rice, Dal, Alu meal maker Kabuli chana curry Chapati
Thursday	Chat with mixture and mudhi	BISCUIT/ /tasty peanut	Rice, Dal, Alu drumstick / ridge gourd badi brinjil pumpkin mixed curry, rasam, chapati	Kharal/	Rice, Dal & cabbage alu curry, chapati
Friday	Upma with tomato khatta / Chuda Amul	BISCUIT/ /tasty peanut	Rice, Dal, Non-Veg. (Egg) Veg. (paneer mutter curry), lemon, chapati	Milk & Bournvita Biscuit	Rice, Dal, alu parbal fri, Chapati
Saturday	Iddli chutney, sugar/samber	BISCUIT/ /tasty peanut	Rice, Dal, Bhindi tomato khatta, papad chapati	Mixture and mudhi	Chapati, Rice, Dal, Pakodi Alu curry,
Sunday	Vada/ puri /pakodi / Tamarind rice /tomato khatta		Rice, Dal, Non-Veg. (Egg) Veg. (paneer mutter curry), lemon	Biscuit/Cake	Rice, Dal, Alu kunduru fri, Rice kheer

5/9/18
Catering Assistant

Vice principal

Principal